

Detailed schedule for procurement of automatic Frequency Restoration Reserve (aFRR) in May 2025

From-to	Hour	Up	Down
00-01	1	300	350
01-02	2	300	350
02-03	3	300	350
03-04	4	300	350
04-05	5	300	350
05-06	6	300	350
06-07	7	325	375
07-08	8	325	375
08-09	9	325	375
09-10	10	325	375
10-11	11	325	375
11-12	12	325	375
12-13	13	325	375
13-14	14	325	375
14-15	15	325	375
15-16	16	325	375
16-17	17	325	375
17-18	18	325	375
18-19	19	325	375
19-20	20	300	350
20-21	21	300	350
21-22	22	300	350
22-23	23	300	350
23-24	24	300	350